



## Waiver Harbour Centre Urban Grind Event

I understand that the Harbour Centre Urban Grind event is a potentially hazardous activity. I shall not enter and climb unless I am medically able and properly trained. I hereby certify that I am in good health and have the ability to enter this event.

I assume all risks associated with this event, including but not limited to slips, trips, falls, contact with other participants, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of your accepting my entry into this event, I, for myself and anyone entitled to act on my behalf, waive and release Harbour Centre Complex Limited its manager, its legal and beneficial owners, its mortgages, and their respective officers, directors, agents, volunteers, employees, and sponsors from any and all claims of liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver.

I understand that the use of personal audio devices (iPods and MP3 headsets) is strongly discouraged.

I am eighteen (18) years of age or older.

\_\_\_\_\_  
Name of Participant ( Print Name)

\_\_\_\_\_  
Name of Participant (Signature)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

**For those participants under the age of eighteen (18) a Parent/Guardian must sign the waiver and take responsibility under the terms of this waiver for the minor during this event.**

\_\_\_\_\_  
Name of Minor ( Print Name)

\_\_\_\_\_  
Name of Parent /Guardian (Print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Parent/Guardian (Signature)

\_\_\_\_\_  
Witness