



Harbour Centre



SPRING/SUMMER 2010

## NEWS AND VIEWS

### The Vancouver Olympics - 17 Unforgettable Days

WOW. What an experience. I can't even think of an adjective that adequately describes those 17 days in February when our city was centre stage for the world to see. Awesome; it was certainly "awe" inspiring. In-

credible; it was most definitely that. Pride; in abundance. Thrilled; absolutely. Stunned; where did that weather come from? Smug; maybe just a little. I, along with two others from work, threw myself headlong into the 2010 Winter Olympics. We planned our attack weeks before the event. We searched the internet daily for the latest information and printed up plans of the city detailing all the venue locations. We had a plan, we had a route, and we threw it out after day 1. Where did all these people come from? Who stands in line for 2 hours (or longer) to hold a gold medal? We did. Who stands in line up to 7 hours to try the zip line? We did not. If you were lucky enough to attend an event as we were (Women's Ice Hockey) you could feel the excitement and energy in the air. And while you hoped you would be lucky enough to be in attendance for a gold medal win, if not, it was still a thrill. While my friends and I were maybe expecting something different



at the various pavilions and houses - other than say a bar - we still had a great time checking out all the venues. We got to see, touch and have our photo taken with the Stanley Cup, an Olympic Gold Medal and the Coca Cola Polar Bear (my personal favourite). We watched a couple of 3D movies, went ice skating, tested our gaming skills, and were a part of the overflowing sea of red and white on Robson and Granville. And now it's over, but when we next wear our mittens, take out our pins or look at our photos, we will remember what a great time we had during those 17 days in February 2010.

- S. Anderson

#### Contact Us

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### Meet The New Face of Harbour Centre Mall



If you haven't already met her, we are pleased to introduce you to our new Mall Manager, Brenda Paré. Brenda's career started with Cadillac Fairview in September 1982 as Assistant Credit Manager. She then made her way across Canada and relocated to Calgary in June 1985 as Revenue Coordinator and relocated to Pacific Centre in July 1986 in the same capacity. In April 1990 she moved to Victoria to work at the newly built Victoria Eaton Centre as the Account Administrator/Marketing Assistant and in April 2001 she took on the Specialty Leasing Man-

agers role for both The Bay Centre and Tillicum Mall as well as continuing duties in revenue coordination. She took on the position of Specialty Leasing in Richmond Centre in 2005 while keeping her workload at The Bay Centre. In December 2008 she once again took on the Specialty Leasing role for Richmond and the Bay Centre. Brenda joined Harbour Centre as Mall Manager January 18th, 2010. In her spare time she enjoys time with her husband Jacques and four - legged best friend, Milo.

# Going Green . . . Being Green

## Green Ideas for home and work:

### **Use Energy-Efficient Lamps & Fixtures:**

Switching from a 300 watt halogen torchiere to a 23 watt CFL can save you \$200 over the life of the compact bulb.

### **Use Natural Candles:**

Bargain store candles are the worst offenders for chemical and lead ingredients. If you want to use candles, spend a little more and get 100% bees-wax or soy candles.

### **Make The Most Of Natural Light:**

Daylight is a valuable resource available for free every day. Maximizing your ability to use it will help you keep lights off during the day, saving you money by the minute.

### **Make More Green Choices:**

Look in the cleaning section of your local supermarket or drug store, new biodegradable products that really work are being added all the time.

### **Join Team Power Smart:**

[www.bchydro.com/powersmart/](http://www.bchydro.com/powersmart/)

## Tried and True:

There are so many "green" and energy efficient products out there, we'd like to know what works and what doesn't.

**Method's all natural Wood for Good Surface Cleaner** in almond smells great, actually works and does not harm the environment. It's one of our favorite "green" products! (Melissa- Harbour Centre)

We have tried and tried some more to find **compostable garbage bags** that can actually handle garbage. The verdict: If you are not prepared to take your trash out every day they start to disintegrate. In my opinion it's just not worth the trouble. (Sophie - Harbour Centre)

**Spread the word:** Is there a "green" product you love and would like to tell others about? E-mail us and we may select your choice for the next newsletter.

[admin@harbourcentre.com](mailto:admin@harbourcentre.com)

Dear Toli . . .

Contact Harbour Centre's Energy and Sustainability Manager, Toli Sidiropoulos with any energy related questions or suggestions.

E-mail to

[tsidiropoulos@harbourcentre.com](mailto:tsidiropoulos@harbourcentre.com)



## **Harbour Centre Goes Dark for Earth Hour - March 23rd from 8:30 to 9:30 pm**

Earth Hour, an annual global event hosted by the World Wildlife Fund and sponsored by B.C. Hydro, encourages individuals to show their support for the fight against climate change. More than 80 B.C. communities signed up to participate. Harbour Centre was one of many downtown office buildings to go completely dark for the event. Thanks to all of our building staff for making it happen!

## **Earth Day 2010 - April 22nd**

On April 22, 2010, Harbour Centre is joining the world to celebrate Earth Day.

Please join us between 11:30 am and 1:30 pm on the lower mall level where we will be displaying sustainable materials and products provided by some of our suppliers. Come drop off your business card and enter to win one of five gift bags full of environmentally friendly products.

## **Proud to be one of the "BEST"**

We are proud to announce that Harbour Centre has been certified **BOMA BEST** by the Building Owners and Managers of BC.

**BOMA BEST** is a national program launched in 2005 by BOMA Canada to address an industry need for standards on energy and environmental performance of existing buildings based on independent verified information.

As a **BOMA BEST** building, Harbour Centre meets the best practices set out by the association which address areas of significant environmental concern including: energy and water management, emissions and effluents, waste reduction, the indoor environment and environmental management systems.

## Updated Website for Harbour Centre

Check out Harbour Centre's new website at [www.harbourcentre.com](http://www.harbourcentre.com). Get information about our services and building features as well as updates about mall events.

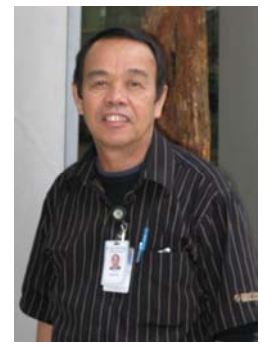
## Stay Safe

The Olympics may be over but it's always a good idea to make an effort to increase your safety. Here are a few tips to help you stay safe in your office and at home:

- Never allow unknown or unexpected service personnel free access to your office space. Always make sure they are verified.
- Always keep valuables out of sight in your office and your vehicle.
- Do not allow visitors access to your building with your key card or FOB.
- Never leave your reception area unattended.
- If you find a building door propped open after normal hours, close it and let security know.

## Clean Team

Servantage's Pedro has been at Harbour Centre since 2007. He is in charge of the daytime cleaning team and responsible for keeping all men's washrooms clean and restocked. Even though it was a challenge to get him to smile on camera, in person Pedro is always in a good mood. Thank you for your hard work, Pedro. We enjoy having you around.



## Renewed Leases at Harbour Centre

We would like to thank the following tenants for renewing their lease at Harbour Centre: OOCL on the 22nd floor, Allstream on the 9th floor and Payment Processing on the 17th Floor and Bell Canada on the 17th Floor. We would also like to thank Viterra Inc. for expanding their premises onto the 24th floor.

## New Places and Faces at Harbour Centre Mall



New to the lower mall level at Harbour Centre is **Mobile Korner** an authorized Bell dealer experienced in solving all types of communication concerns. Mobile Korner aims to offer competitive mobile solutions to its customers. Store manager William will be happy to help you select a new phone from his wide array of products.

Visit Mobile Korner on the lower mall level or call them at **778-785-1099**.



Harbour Centre Mall welcomes **Cutting Club Hair Salon!**

Located on the lower level of Harbour Centre Mall across from the liquor store, Cutting Club's able stylists offer both ladies and mens cuts as well as colour, highlights, perms, straightening perms, make-up and styling. For appointments call **604-687-3320**.

Hair Cut: Men's \$30.00, Women's \$40.00

### Promotion for April and May

**Wednesday- Friday 11am to 3pm:**

Men's Cut \$25.00, Women's Cut \$35.00

Colour & Cut Men's \$70.00, Women's \$85.00

## Spring Salad with Honey Dijon Dressing

If spring is when you re-evaluate your diet, then making an effort to make more of your food at home is a great first step. Fresh vegetables and fruits should be part of any healthy eating plan. Plus they have none of those pesky unpronounceable additives that come with most packaged foods. We hope this perfect spring salad will be a great addition to your recipe collection.

### Honey Dijon Dressing:

1/4 cup Extra Virgin Olive Oil  
3 Tbsp Lemon Juice  
1 Tbsp Mayonnaise  
1 Tbsp Dijon Mustard  
1 Tbsp Honey  
Fresh ground pepper to taste

Add more honey if you like it sweeter or leave out the mayonnaise to reduce fat and calories.

### Dressing your Salad:

Toss mixed greens in the dressing and add Candied Pecans Dried Cranberries And Goat Cheese

Or change things up and create your own signature salad by using caramelized pears, strawberries or pine nuts, you can't really go wrong. Enjoy!



This year the Canadian Cancer Society initiated a new campaign and B.C. was the pilot location for Daffodil Day.

Harbour Centre was proud to partner with our tenants & shoppers in support of the **Daffodil Campaign** held March 19th through April 9th. Thank you to all of our participating mall merchants that took part. This year's event was a great success.



## Goodbye to Cards By Choice

All staff and tenants at Harbour Centre would like to wish Jae Seong Kang and Myong Ji Kang all the best in their future endeavors.

## New Arrivals

Welcome to the new additions to Harbour Centre Mall: Cutting Club Hair Salon, Mobile Korner and Soup Zone. Welcome back to Vana Vietnamese which is being reopened under new ownership.

## Renewed Tenants

Our thanks go out to the mall tenants who have recently renewed their Harbour Centre leases and will continue to contribute to the quality of our services. They include: Harbour Centre Printers, Quiznos and Bronco Belle.

## Upcoming Events at Harbour Centre Mall

### April 5th - 18th

Swiss Mountain Guides: Shaping Mountain Culture in Western Canada Exhibit  
Located in the atrium

### April 26th - April 30th

Capilano University IDEA Show and Exhibit  
Located in the atrium

### May 2nd - May 8th

Capilano University Animation Show and Exhibit  
Located in the atrium

### May 14th

Danone Satisfaction - Yogurt Sampling  
Located in the lower mall

### April 26th - May 9th

Mothers Day Promotion

Enter to win a seasonal bouquet of flowers every month for one year compliments of Harbour Centre. Complete the Mothers Day Quiz available at participating retailers and drop your ballot off at the concierge desk in the building lobby.