



Harbour Centre



SPRING

NEWS & VIEWS

2008

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BUILDING SECURITY ENHANCEMENTS

We are pleased to inform you of a number of recently completed/upcoming upgrades at Harbour Centre. As you may recall Harbour Centre recently took part in an "anti theft" campaign providing awareness to our monthly parkers to not leave valuables in their vehicles. Harbour Centre in conjunction with Fusion Security and the Vancouver Police Department continue to work on the reduction of auto theft, property damage, and to secure personal safety. Harbour Centre is pleased to report a 90% reduction in theft from Auto in our 450 Cordova Street Parkade.

New Parkade Gates/Intercoms

To further enhance the security of the building parkade we have recently installed three security gates to restrict access to the building after hours. Gate #1 at the top of the ramp will close off access to the underground parking at midnight and re-open at 6:00 a.m., Monday through Sunday and Holidays. Gate #2 at the bottom of the ramp at the entrance to the loading dock area will close at 7:00 pm and re-open at 6:00 a.m. Monday through Friday and be closed 24/7 on Saturday, Sundays and Holidays. Gate #3, just past the loading dock area will be closed 24/7. Monthly parkers will be issued remote transmitters to access the gates. We anticipate the gates to become operational this summer. More details will be sent to all monthly parkers closer to that time.

Intercoms have been installed by each gate and at the double door entrance by the loading dock office that have direct communication with our Command Centre 24/7. Once activated Security will pan a camera to this area and will have a visual of you as you speak to them.

Handicap Lift

A Handicap Lift was recently installed next to the ticket dispenser, which provides access to the P1 elevator lobby.

Card Access System Upgrade

While Tenants will not see any difference in how the system works, behind the scenes significant changes will occur to the operating system. The upgrade to the software will provide more programming flexibility to an already reliable system.

Contact us

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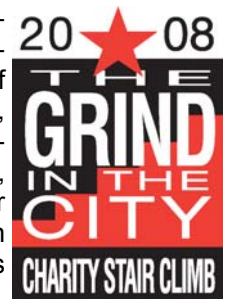
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2008 GRIND IN THE CITY STAIR CLIMB

On Saturday, April 26, 2008 Harbour Centre and the Vancouver Lookout played host to the Grind In The City Stair Climb in support of Muscular Dystrophy. Close to 50 competitors ascended the 40 flights of stairs to the Lookout and enjoyed the spectacular view. This event, developed by Firefit of Canada had participants from the General Public as well as Firefighters. The General Public competed in t-shirts, shorts and runners, while the Firefighters category climbed in their turnout gear plus a 20 lb Air pak. The climb was a great success in raising over \$7500 with pledges still coming in! For further details please visit www.grindinthecity.com.



HARBOUR CENTRE IS AN ENVIRONMENTALLY FRIENDLY BUILDING



Translink Savings

The BC Translink discount transit program offered to our Tenants had a total of 141 participants for 2007 with an annual savings of **\$18,195.00 in transit fares.**

Car Washes Available

Classic Car Wash is another outstanding service available to Tenants. They have a 100% satisfaction guarantee and their staff are meticulous about their hand wash and detailing techniques. This service is located in our 450 Cordova St. Parkade at the basement level. For more information please call 604-683-9294 or visit www.classic-car-wash.com.

Recycling News

Harbour Centre has converted all the building paper towels, tissue and napkin products to a Tork product. This new environmentally friendly product is made of 100% recyclable material and is now in use throughout the building. Tork products have exceeded The Green Seal certification and has been accepted by EcoLogo as a certified towel, tissue and napkin product. The use of these products will result in an environmental savings of :

- 52,212 kilograms of waste paper
- 140,574 litres of water
- 60.24 cubic meters of landfill space
- 80,328 kilowatts of energy
- 7,631 litres of oil
- 1,204 kilograms air pollutants
- 341 trees
- 44,688 BTU's of energy

LEASING DEPARTMENT

We would like to welcome our new Tenants Canadian United Oil & Gas Corporation and Plentyoffish Media Inc. to the 26th floor of the Office Tower as well as Desjardins Financial Security Life Assurance Company to the 22nd floor. We would also like to extend our thanks to Worldcom Canada Ltd. for renewing their lease. In addition, Harbour Centre Complex Limited

congratulates our Tenant, **Vancouver Foundation** on their **65th Anniversary.** Thank you again to all our Tenants for choosing Harbour Centre as your place of business. For any leasing enquiries please contact Sophie Perndl at 604-899-7365.

CONSTRUCTION AT HARBOUR CENTRE

Moving full steam ahead, the Construction Department has entered the first quarter of 2008 with an ever increasing number of projects on the go. Many of this years operating projects comprise of new improvements to increase Harbour Centres's operating efficiency while reducing building waste. Other projects include renovations to both new and existing office tenancies that occupy the 21 floors of

office space. These projects range as small as installing new carpet, to as large as full floor renovations. Excellent relationships with contractors and tenants alike provide a level of service and cooperation that help this landmark office tower operate with minimal disruption. For any construction enquiries, please contact Luke Kerton at 604-899-7388.

BC HYDRO TIP

Turning off equipment when not in use can not only save energy and money, but can improve the comfort of employees by reducing fan noise and heat generation.

- Shut down computer monitors to save money at night and on weekends.
- Use software to automatically power off workstations.
- Turn off photocopiers during off-hours.
- Look for the new Energy Star label; this means the manufacturers have met energy-efficiency requirements established by the U.S. Environmental Protection Agency.
- Consider using laptop computers as they use 50% less energy than desktop models.
- Specify 80 Plus power supply when ordering computers; this means that your computer power supply is at least 80% efficient or greater

Green Education

By Diane Lee (Tenant Services Coordinator)

5 Ways To Empower Your Employees To Go Green:

1. Establish a clearly defined environmental policy with a mission statement.
2. Start a "Green Team" or "Green Committee"
3. Encourage participation in educational events.
4. Recognize leadership and support initiatives
5. Lead by example



NEW TOBACCO LAWS

As of March 31, 2008 amendments to BC's tobacco control laws will reduce exposure to second-hand smoke and place important limits on how tobacco is sold and promoted.

Smoke Free Changes in BC Mean:

- All indoor public and work places will be smoke free. All bars, restaurants, casinos and clubs will no longer allow indoor smoking or will have designated smoking rooms.
- All transit shelters must be smoke free.
- Common areas in apartment buildings such as hallways, laundry rooms, must be smoke free.
- There will be a 6 meter smoke free zone around doorways, windows and air intakes.

Tobacco Sales, Display and Promotion Changes in BC Mean:

- Tobacco retailers cannot display or promote tobacco products if minors are allowed in their store.
- Retailers cannot display or promote tobacco in such a way that patrons can easily see it from their store.
- New limits apply to signs advertising tobacco products.
- Tobacco products will not be sold in hospitals, public post secondary institutions, provincial government buildings or recreational facilities.

For more information of the Tobacco Control Act and Regulations or for the telephone number of your health authority, please visit: www.health.gov.bc.ca/tobacco.

HAND SANITIZERS

In order to keep the spread of germs to a minimum, Harbour Centre has installed Purell Hand Sanitizer stations next to the office tower lobby south of the elevators and all washrooms through out the building. Studies have shown that Purell kills 99% of most common germs that may cause illness.

HEALTH TIP & FITNESS INFO

You can achieve the same physical benefits from walking as you do from running. However, it may take up to twice as long to cover the same distance. Walking one mile burns only slightly fewer calories than running one mile. And it's less stressful on your body! To pick up your walking pace to burn fat, you should think about quicker, not necessarily longer, steps. Let your stride length come naturally. Replace your athletic shoes periodically. After 250 to 500 miles of walking or running, they lose much of their shock absorbency and the tread wears down. When buying walking or running shoes, they should bend where the foot bends at the ball; if it bends at mid-foot it will offer little support. For more great health tips please visit www.bodybreak.com.



Cranberry Spinach Salad With Warm Honey Dijon Bacon Dressing

- 6oz.pkg. salad spinach
- 1/2 c. sweetened dried cranberries
- 4 thin slices red onion
- 4 slices bacon or turkey bacon cooked crisp and crumbled
- 1/2 c. lime juice
- 1/2 c. plain or orange-flavored honey
- 2 tbsp. Dijon mustard

Wash and clean spinach. In a large salad bowl, toss spinach, cranberries, onion slices, and cooked/crumbled bacon. Combine the last 3 ingredients (lime juice, plain or orange flavored honey, and Dijon mustard) in a small glass mixing bowl using a wire whisk. Heat in the microwave on high for 1 minute or until warm. Pour over salad and toss. For a variation, try adding toasted pecans !!

**Courtesy of fabulousfoods.com*



VANOC 2010

The countdown to the first day of ticket sales for the Vancouver 2010 Olympic Winter Games is on! 1.6 million tickets for the Olympic Winter Games go on sale in October 2008 and 250,000 Paralympic Winter Games Tickets will be available in 2009. Highlights of ticket availability, prices, how and when to get tickets, as well as frequently asked questions can be found out at the following website:

www.vancouver2010.com



EARTH DAY

More than 380 towns and cities and 3,500 businesses in 35 countries signed up for the campaign, which began in Australia last year. BC Hydro calculated that by turning off the lights from 8 to 9 p.m., British Columbians saved 125 megawatts of electricity during Earth Hour, the same as switching off 205 million lights. The provinces' average energy savings were two per cent.

The top five energy savers in BC were:

- North Vancouver 7%
- Port Coquitlam 6.7%
- Coquitlam 5.6%
- Vancouver 3.5%
- Delta 2.9%

**Courtesy of BC Hydro*

OUR NEW STORES ON WEST CORDOVA

We would like to extend a big welcome to our parkade stores which have completely transformed the street frontage on the 400 block of West Cordova Street. They are **212 Productions**, a unique clothing store with New York flair and **Any Hat**, where you can find just about any hat !

Opening soon on the east corner of Richards and West Cordova street, **Rubi & Keno** will sell exclusive fashion in an upscale store environment. Complimenting this new retail mix, we welcome our newest Tenant all the way from Australia. "Crumpler" will be opening their first Vancouver store on the west side corner of Richards and West Cordova. They have stores in New York, Toronto, Singapore, Japan, New Zealand and now in Harbour Centre. They anticipate opening in early summer, but in the meantime you can visit them at www.crumplerbags.com to see their interesting selection of inventory.

Gastown is rapidly improving and this significant modernization demonstrates Harbour Centre's commitment to the exciting transformation of our neighbourhood as the long-awaited facelift of the area begins.



A TASTE OF THINGS TO COME

While we work hard on providing security, cleanliness and maintenance in our mall, our mall tenants are working hard to bring you a *taste of new things* to come.



We are delighted that **Cookies of Course** has recently renewed their lease at Harbour Centre. Not only do their cookies taste great, but they plan to bring a modern new look to their store this summer. If you mention the word "**Newsletter**" you will receive a free (one-time only) cookie with your order. Now that's a great tasting deal!

Joe Veg has a fresh look behind their counter as the new owners, Rong Deng, and Bin Yan, entice customers with their healthy, organic food choices.



We also warmly welcome Francois Bernaudin who will be serving customers "**Les Crepes-Et Voila!**" at his newly renovated store next to Harbour Deli.